



This Weeks Recipe

Easy 5 Ingredient Fried Rice with Egg

INGREDIENTS

3 cups leftover rice (cooked and cold)

1 cup frozen peas & carrots

2 tablespoons oil

2 eggs

Soy sauce to taste

INSTRUCTIONS

Scramble the 2 eggs in a small frying pan and set aside.

Heat oil in a large pan, add in the frozen veggies and cook for a few minutes.

Add the rice and eggs, stirring to combine.

Add in soy sauce to taste and cook until heated through.

NOTES

Don't have leftover rice? Make rice in advance of making this recipe, allowing enough time for it to cool. Bring the 2 cups of water to a boil. Add in the 1 cup of uncooked rice. Reduce heat to low/medium, cover with a lid and let simmer for 15-20 minutes or until cooked through and water is absorbed. Allow to cool completely before using in the recipe.