

“WHAT TEACHERS, PARENTS & CELEBRITIES SAY ABOUT US!!”

“Since Simon has been attending the Matt Fiddes Martial Arts classes he has really calmed down as an individual and has become more disciplined and focussed. He has achieved so much working with Matt Fiddes Martial Arts
Jane Simpson,
(Talking about her son Simon)

“Matt Fiddes Martial Arts has given my son goals to achieve and wanting to achieve them!”
Susanne Dyer
(Talking about her son Louie)

“Matt Fiddes Martial Arts is a Superstar Club. The way the instructors teach the children, discipline, respect and self defence is amazing. I can see the development of my Grandson and all the other children. It's fantastic to watch”
Mr Anthony Spreag
(Talking about his Grandson)

“Matt Fiddes Martial Arts are the UK's most successful chain of martial arts schools. Master Matt Fiddes is leading the way for others to follow”
Bob Sykes,
Editor of Martial Arts Illustrated

PLEASE CALL FOR A FREE TRIAL

“I have a disability, I am nearly blind. Joining Matt Fiddes Martial Arts Schools has helped me with my confidence in every day life. I feel I can now go out and feel safe with what I have learned thanks to Matt Fiddes and his team.
Mark Shakshaft

“I continue to be impressed by the Matt Fiddes Martial Arts schools. Many attempt to do what he has masterfully accomplished. Matt Fiddes is leading the way for others to follow around the world. I am always impressed by his team of instructors, students and the fantastic curriculum they teach. In my view he owns the most successful martial arts franchise in the world. He is an inspiration to us all!”
John Graden
(President of the Martial Arts Teacher Association)

Contact details



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FOR THE ATTENTION OF PARENTS AND GUARDIANS



LIFE SKILLS ARE AN ESSENTIAL PART OF GROWING UP, SO ARM YOUR CHILD WITH THE SKILLS TO SUCCEED!

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ATTENTION PARENTS! ARM YOUR KIDS WITH THE SKILLS TO SUCCEED!

Great New Beginner Classes Enrolling Now

Mighty Matts (4-6yrs)

Juniors (7-11yrs)

- **Concentration**
- **Good Behaviour**
- **Stranger Danger**
- **Coordination**

Family (7yrs+)

Adult (12yrs+)

- **Confidence**
- **Respect**
- **Self Control**

Our award winning MIGHTY MATT'S programme is specifically designed to help teach 3 - 6 year olds the important qualities of Respect, Discipline, Self Control and Confidence. They will also learn great character and self-defence skills.

Our JUNIOR programme works hand in hand with a Child's school work, providing many benefits. Through dedicated intense work our students are taught that all worthwhile goals in life are possible.

Beginners classes starting now in:

- **CANTERBURY • HERNE BAY • BROOMFIELD**
- **ASHFORD • MAIDSTONE • STAPLEHURST**



Dear Parents / Guardians

Growing up is tougher than ever for our children. You want them to succeed and be happy, but in order to do so they must become confident when facing the temptations of peer pressure and when learning how to make the most of abilities. So how can you help them without shadowing their every move? The answer is simple. You can enrol them into classes at your local Matt Fiddes Martial Arts School.

How can we help? Here at Matt Fiddes Martial Arts, we work with local schools to build an original programme that is linked to your child's academic achievement and life skills. We have been working on this programme for the past 15 years, helping thousands of children and parents to achieve their goals. Many people do not realise the values that Martial Arts can teach.

Your child will.

- **Learn how to defend themselves against bullying or abduction.**
- **Learn the importance of self-worth and self-control.**
- **Understand that they can work with others to achieve their goals.**
- **Value their time at school and excel.**
- **Grasp the concepts of respect for themselves and others**
- **Master their mental and physical capabilities**
- **Have fun while learning something productive**
- **Learn how to resist negative peer pressure.**

I am sure you will agree, our children also need more physical activity to build strength, confidence and fitness and help to avoid potentially becoming 'couch potatoes' which can seem desirable at a young age.

Our instructors are highly experienced and fully qualified to work with children; and their priority is to ensure your child has a fantastic and worthwhile experience. They are regularly CRB checked.

We are currently running a new beginner class in the area and have limited places available. If you are interested in furthering the education of your child in the areas specified. Please contact us and take the first step.

With Respect.

Master Matt Fiddes
7th Degree Black Belt

